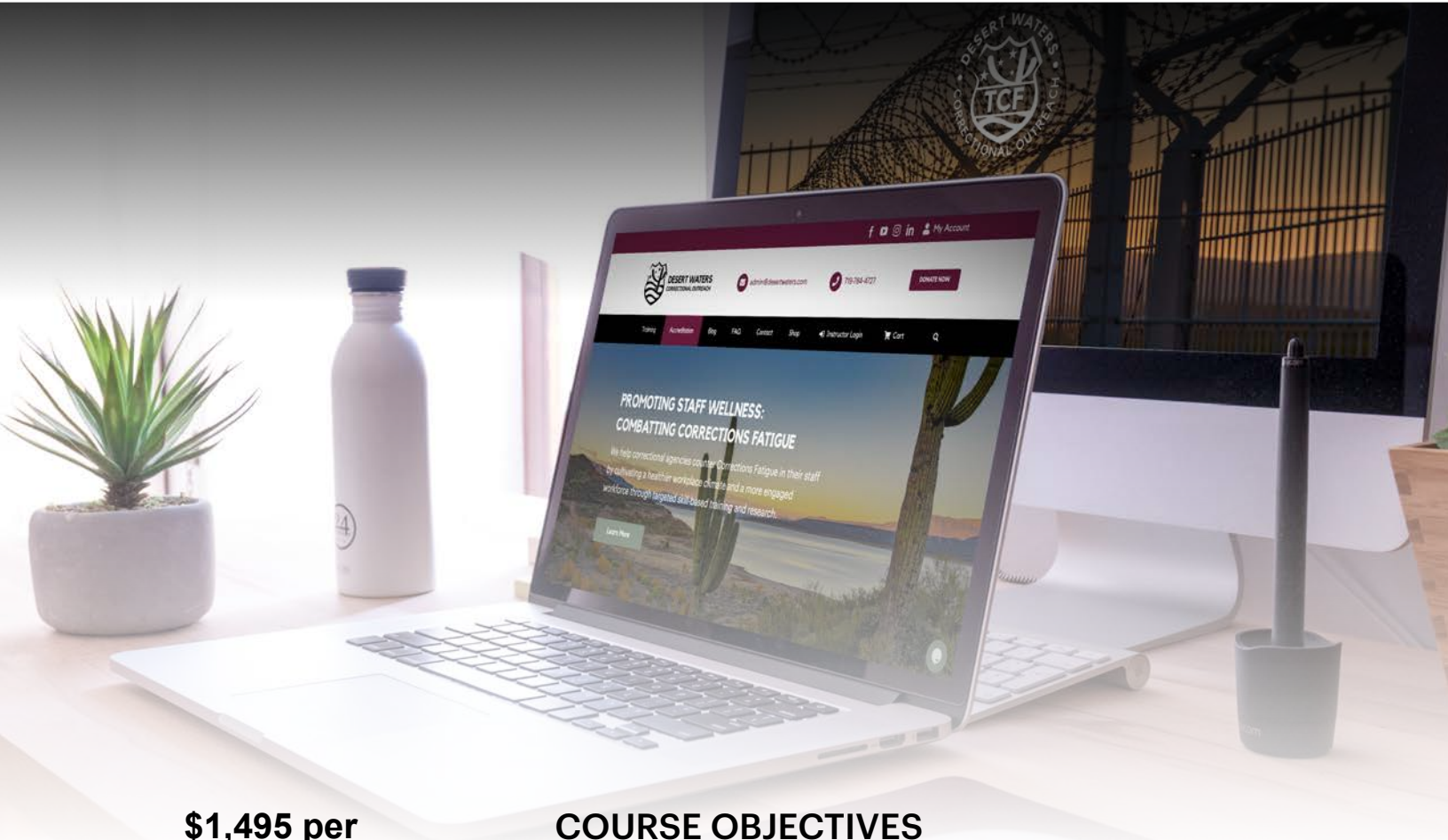




Towards Corrections Fulfillment: For New Staff™

INSTRUCTOR TRAINING* & DIRECT DELIVERY OPTIONS

*32-HOUR IN-PERSON OR ONLINE TRAINING & INDEPENDENT STUDY



**\$1,495 per
Instructor Candidate***

TARGET AUDIENCE

Federal, state, county and city
corrections training professionals

COURSE OBJECTIVES

- Explain to new hires the nature and causes of the accumulating effects of correctional occupational stressors (Corrections Fatigue).
- Identify strategies to manage stress associated with corrections work, and strategies to function in ways that can promote well-being.
- Identify strategies to increase professional fulfillment as corrections professionals.

**For times and dates
(scan or click):**



WHAT INSTRUCTOR CANDIDATES HAVE SAID ABOUT THE CLASS

- “This training has been phenomenal. Much needed in our career. I enjoyed every part of it and I can’t wait to teach it.” – Corr. Sgt.
- “Great class! Needed this for myself and I know it will be helpful for staff.” – Corr. Sgt.
- “Useful for myself but will be very useful for new hires to try to prevent Fatigue or if it does happen some ways to bounce back from it.” – Corr. Sgt.



ABOUT THE COURSE

1.

Customized for new hires with no prior information about or background in corrections or law enforcement

2.

Gives new staff an overview to address possible accumulating effects of correctional occupational stressors (Corrections Fatigue) in their professional and personal lives, through evidence-informed prevention techniques and healthy, career-long coping skills

3.

Authored by Caterina Spinaris, PhD, LPC, as a prequel training program to DWCO's internationally recognized course "From Corrections Fatigue to Fulfillment™" (CF2F)

ABOUT THE INSTRUCTOR TRAINING

1.

Designed to prepare and certify classroom instructors to facilitate safe, research-based, and supportive instruction with their agency's new hires

2.

Certifies for three years those instructor candidates who successfully complete all training requirements, allowing instructor candidates to offer the TCF course to new hires at their agency

3.

Includes two mandatory hours of virtual 1-on-1 coaching

4.

Recertification is contingent upon successful completion of examination

COURSE CONTENT

Corrections Work Challenges, High-stress Events, Incarcerated Management, Negative Workforce Culture, Staff Role Complexity, High Work Load, Negative Public Image, Corrections Fatigue, Work Stressors, Consequences, Phases of Change, Personality Changes, Countering Personality Changes, Countering Health and Functioning Changes, Promoting Health, Quality Sleep, Corrections Fulfillment, Positive Changes, Self-care ABCs, Big 7, Resources, "Reflections" Individual Activity, Scenarios

Independent study includes the two volumes of the book series "Passing It Along: Wisdom from Corrections Staff" and the Self-Paced TCF

CRITERIA FOR INSTRUCTOR CANDIDATES

- Certification to train the CF2F course, also developed and delivered by DWCO (recommended, but not required)
- Five years or more of corrections or related law enforcement experiences (preferred)
- One year or more of classroom training or peer support experience
- Ability to manage a classroom environment and moderate emotionally-laden discussions

To register (scan or click):



admin@desertwaters.com

719-784-4727

Cancellation Policy: No refunds less than three weeks prior to the training. Registrations are transferable to another instructor candidate of the same agency as long as instructor candidate criteria are met.

*TCF licenses can be renewed for another three years by passing an online exam, which requires a fee.

**Instructors can teach on their own if necessary; Co-instructors must always team-teach with an Instructor.

***Instructors and Co-instructors are NOT certified to train other instructors at their agency or individuals outside of their agency.