



"Towards Corrections Fulfillment: For New Staff™"

Authored by Caterina Spinaris, Ph.D., LPC

INSTRUCTOR TRAINING

In person:

32 hours / 4 days

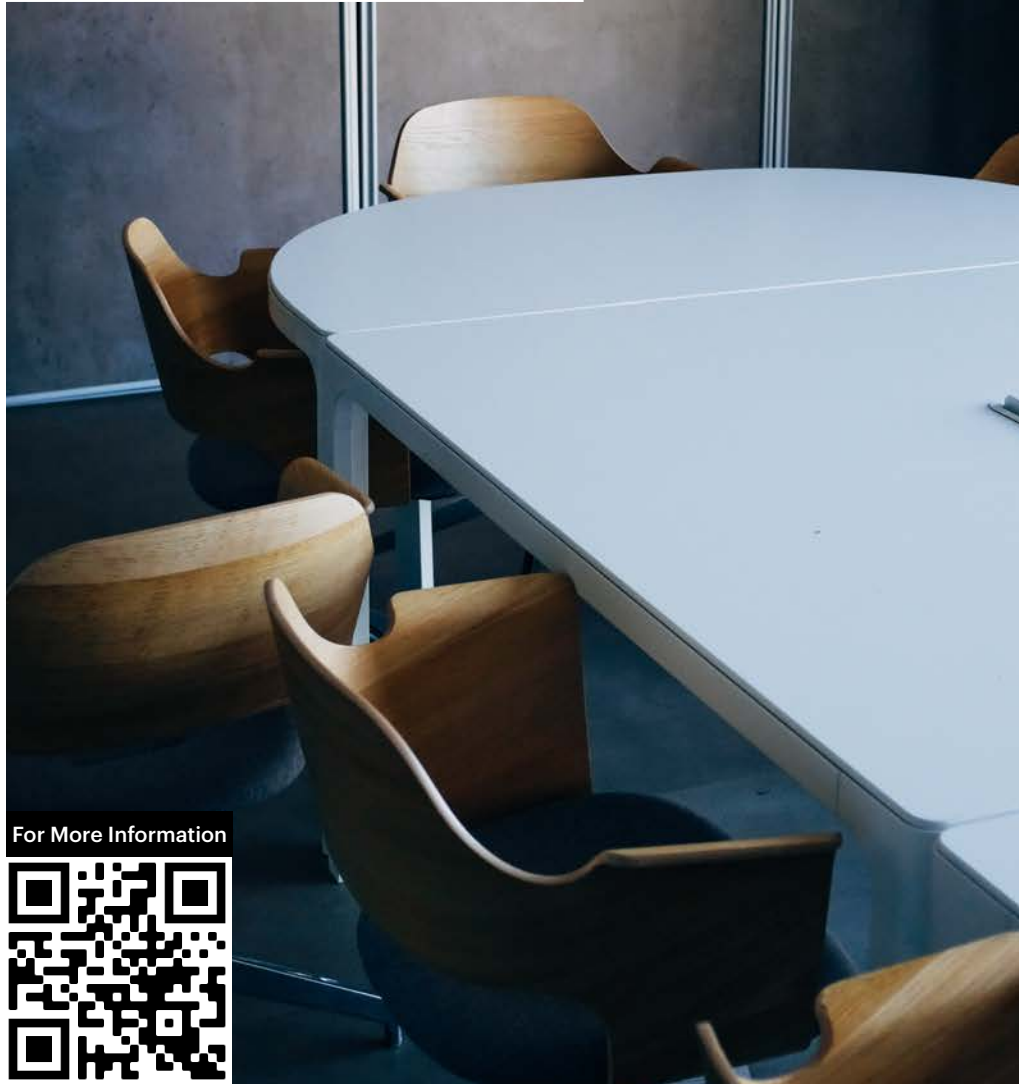
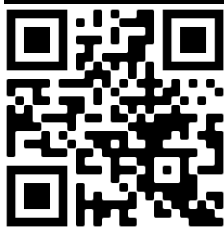
Online:

32 hours / 3 days
+ independent study

TARGET AUDIENCE

Federal, state, county and city
corrections training professionals

For More Information



What Instructor Candidates Have Said about the Class

- This training has been phenomenal. Much needed in our career. I enjoyed every part of it and I can't wait to teach it. – *Corr. Sgt.*
- Great class! Needed this for myself and I know it will be helpful for staff. – *Corr. Sgt.*
- Useful for myself but will be very useful for new hires to try to prevent Fatigue or if it does happen some ways to bounce back from it. – *Corr. Sgt.*

COURSE OBJECTIVES

- Explain to new hires the nature and causes of the accumulating effects of correctional occupational stressors (Corrections Fatigue).
- Identify strategies to manage stress associated with corrections work, and strategies to function in ways that can promote well-being.
- Identify strategies to increase professional fulfillment as corrections professionals.

INSTRUCTOR SELECTION CRITERIA

- Certification to train the CF2F course, also developed and delivered by DWCO (recommended, but not required)
- Five years or more of corrections or related law enforcement experiences (preferred)
- One year or more of classroom training or peer support experience
- Ability to manage a classroom environment and moderate emotionally-laden discussions

ABOUT THE COURSE

1.

Customized for new hires with no prior information about or background in corrections or law enforcement

2.

Gives new staff an overview to address possible accumulating effects of correctional occupational stressors (Corrections Fatigue) in their professional and personal lives, through evidence-informed prevention techniques and healthy, career-long coping skills

3.

Prequel training program to DWCO's internationally recognized course "*From Corrections Fatigue to Fulfillment™*" (CF2F)

ABOUT THE INSTRUCTOR TRAINING

1.

Designed to prepare and certify classroom instructors to facilitate safe, research-based, and supportive instruction with their agency's new hires

2.

Certifies for three years those instructor candidates who successfully complete all training requirements, allowing instructor candidates to offer the TCF course to new hires at their agency

3.

Recertification contingent on successful completion of examination