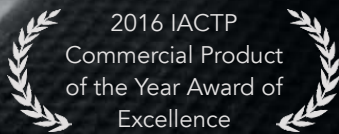


INSTRUCTOR TRAINING

CF2F

From Corrections
Fatigue to Fulfillment™

Online Training &
Independent Study



2021 Instructor Training Dates

- > **Training 1:** Tue-Fri 6-9 Apr, & Mon-Wed 12-14 Apr
- > **Training 2:** Tue 30 Nov, Wed-Fri 1-3 Dec, & Mon-Wed 6-8 Dec

Times

- > **Times Online:** 9am-1pm MT (8am PT, 10am CT, 11am ET)
- > **Independent Study:** 12 hours
- > **Phone Coaching:** Two one-hour individual sessions following the online training

7-day (42-hour) Online Training & Independent Study

- Science-based explanation of the psychological dynamics behind the negativity of the corrections workplace, and its manifold costly consequences to corrections agencies, staff, and their families
- Science-informed strategies to increase staff well-being and to improve the organizational climate and culture
- Based on research in psychological trauma, resilience, and Positive Psychology
- CF2F certification offers corrections personnel the ability to teach the valuable CF2F principles to staff at their agency
- Independent study includes the books "Staying Well" and "More on Staying Well" by Caterina Spinaris

Upon Successful Completion of Certification Requirements Instructor Candidates Will Receive:

- Certificate of Completion for 42 Contact Hours
- Three-year certification and license* as Instructors** or Co-instructors** to offer the 1-day CF2F course to their agency staff***
- Electronic copies of CF2F course materials
- CF2F updates during their three-year certification

Fee: \$1,395.00 per Instructor Candidate.

**Register early!
SPACE IS LIMITED!**

Staff called the course:

- > *incredibly valuable*
- > *eye-opening*
- > *career-saving*
- > *relationship-saving*
- > *life-saving*

DESERTWATERS.COM



Desert Waters
Correctional Outreach

719-784-4727

CF2F

Course Author: Caterina Spinaris, PhD., is DWCO's Executive Director and a Licensed Professional Counselor with over 30 years of clinical experience. Caterina conducts research, and offers research-based trainings and interventions to corrections agencies to counter the effects of occupational stressors, and to increase organizational health and employee well-being.

In addition to CF2F, she authored the following courses: "True Grit: Building Resilience in Corrections Professionals™," "Correctional Family Wellness™," "The Supportive Supervisor™," and Peer Support Training. Caterina is the 2014 recipient of the **Colorado Criminal Justice Association's Harry Tinsley award.**

- **FIVE** customized versions for staff in (a) adult corrections or detention facilities, (b) probation and parole offices, (c) juvenile justice facilities, (d) juvenile justice community services, and (e) for new staff
- Pertinent to both frontline staff's and supervisors' interests and concerns
- Applicable to both custody and non-custody staff
- Practical and easy to grasp by both new and veteran employees, and by managers
- To be team-taught by your agency instructors and co-instructors as a full-day course

Criteria for Instructor Candidates

- Prior classroom training experience
- At least 5 years of working in corrections
- Experience working through work-related challenges
- Ability to present emotionally-laden material
- Ability to be an empathetic listener
- Ability to moderate emotionally-heated discussions
- Ability to team-teach



Desert Waters Correctional Outreach is a 501(c)(3) tax-exempt corporation (EIN 30-0151345) with the mission to advance the well-being of correctional staff and their families, and the health of correctional agencies, through data-driven, skill-based training.

REGISTRATION FORM

Dates: Apr 2021 Nov-Dec 2021

Instructor Candidate Name(s): _____

Corrections Agency Name: _____

Address: _____ City/State/Zip: _____

Phone: _____ Email: _____

Method of Payment: Check enclosed, payable to DWCO, P.O. Box 355, Florence CO 81226

Credit Card: Visa/MC Discover American Express

To pay by Credit Card, call us at 719-784-4727. Purchase Orders accepted.

desertwaters@desertwaters.com

Cancellation Policy: No refunds less than three weeks prior to the training. Registrations are transferable to another instructor candidate of the same agency as long as instructor candidate criteria are met.

**CF2F licenses can be renewed for another three years by passing an online exam (fee \$490).*

***Instructors can teach on their own if necessary; Co-instructors must always team-teach with an Instructor.*

****Instructors and Co-instructors are NOT certified to train other instructors or individuals outside of their agency.*