



"FROM CORRECTIONS FATIGUE TO FULFILLMENT™"

4-day Instructor Training or 8-hour course

Evidence-informed and data-driven

- **Explanation** of the psychological dynamics behind the negativity of the corrections workplace and its costly consequences
- **Strategies** to increase staff well-being and to improve the organizational climate and culture



Caterina Spinaris, PhD, the course author, is Desert Waters' Executive Director,

and a Licensed Professional Counselor with 33 years of clinical and training experience, 16 of which involved treating and training corrections employees.

Based on corrections-specific research in psychological trauma, trauma theory, and Positive Psychology principles.

- * Unquestionably needed by all who work in corrections
- * Previous graduates call it career-saving, relationship-saving, maybe even life-saving
- * Practical and easy to grasp by both new and veteran employees, and by managers
- * Can be modified to address either line staff and/or supervisor interests and concerns
- * Individual worksheet activities and small group work
- * Customized versions for staff at adult institutions, probation and parole, community juvenile justice, juvenile justice institutions, working with sex offenders, and new hires

Topics

1. Nature, causes, signs and effects of Corrections Fatigue
2. Strategies for individual self-care
3. Strategies for professional fulfillment
4. Organizational strategies for a positive workplace climate and a healthy organizational culture

Award

International Association of Correctional Training Personnel 2016 Commercial Program Award of Excellence

<http://desertwaters.com>

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